

Minuteman

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Vol. 51, No. 11

Dobbins Air Reserve Base, Ga.

November 2003

Dobbins hosts Homeland Security Exercise

By Senior Airman Paul Reid Hanna
Public Affairs

Dobbins Air Reserve Base served as the training grounds for America's homeland security efforts. The Homeland Security Exercise, held Sept. 25, was a training scenario for the numerous agencies responsible for responding to incidents involving weapons of mass destruction.

U.S. Sen. Saxby Chambliss addressed the Homeland Security Exercise

by video. He commended federal, state, and local participants on their efforts to win the war on terrorism and their part in making America's homeland safer and more secure.

"Natural or terrorist induced disasters will require a response from local, state and federal agencies," said Brig. Gen. William Kane, 94th Airlift Wing commander. "This exercise allowed us to evaluate that critical coordination and cooperation."

The event was organized to provide a method to educate and train the first-response agencies responsible for homeland security.

"Department of Defense and civilian first-responder's joint involvement in this type of training is critical," said Col. Curtis Williams, 94th Mission Support Group commander. "because many agencies working together are the American response team."

Since the ter-



Photo by C.B.G-Albany, Ga.

Columns of flames engulfed the aircraft crash simulation at Dobbins Air Reserve Base during the Homeland Security Exercise. Local emergency response teams participated in the exercise to coordinate their efforts with other agencies.

rorist attacks on Sept. 11, the nation has increased its efforts to safeguard American borders; but this exercise was designed to improve efforts to reduce the damaging effects of a terrorist attack.

The Centers for Disease Control and Prevention trained to respond to biological agents, local police and the Armed Forces trained to respond to threats to the civilian population and intelligence gathering

agencies trained to prevent terrorist activity.

"This exercise and those to follow should serve to comfort Americans," Kane said. "America has well-trained men and women defending our homes and defending our lives."



Photo by Don Peek

Local fire departments rushed to the scene of a simulated aircraft crash. The training involved methods used to quickly extinguish fuel fires.



Photo by C.B.G-Albany, Ga.

Victims of terrorist attacks were a primary training effort at the Homeland Security Exercise. Civilian and military medical responders learned to work together to save lives.



Photo by Don Peek

Georgia National Guardsmen rushed victims away from danger and into the waiting hands of medical care providers. Training to respond to large scale accidents requires simulating and providing health care for numerous victims.



Photo by Don Peek

First responders often risk their lives to save others. For training, they also simulated being injured.

94th prepares for ORI and UCI



Photo by Don Peek

By Brig. Gen. William Kane
94th Airlift Wing, commander

Our wing goes under the microscope April 14 - 18 to evaluate our wartime preparedness and peacetime compliance. We have not done an Operational Readiness Inspection since 1999. Many of you have never been in an ORI. Similarly, none of us have ever done an ORI and a Unit Compliance Inspection at the same time. Two major inspections by two major commands is a challenging task. We are up to it but we will have to work very hard between now and April.

Let me tell you a little about each inspection and what we need to do to get ready.

The Operational Readiness Inspection

We will mobilize a subset of our Unit Type Codes. Since we don't know which ones will be tasked, we need to have all of our Air Education and Training Command and Air Mobility Command gained people and equipment ready. We will process through a mobility line and issue weapons and mobility bags. Once processed, you will demonstrate competence in one of three areas: weapons proficiency, self aid and buddy care or chemical warfare. While you will be allowed to refer to Air Force Manual 10-100, you should be proficient and have a working knowledge of the three.

How do we prepare for ORI?

1. We will conduct at least two more mobility exercises.
2. Each squadron will conduct a chemical warfare exercise during each unit training assembly to give all of us the opportunity to don and doff our chemical protection suits monthly. The focus will be on rapid donning, proper wear, and buddy checks.
3. We will add training on SABC and weapons familiarization to increase

proficiency.

4. We will have two UTAs during April 3 and 4 and April 17 and 18 to make our final preparations and to conduct the inspection. There will be no May drill.

5. Review Air Force Manual 10-100 to be prepared to answer questions that might be asked.

We will succeed if each of us makes sure we and our section is ready. You may or may not be tasked in April, but I need to know that each and every one of you is ready.

The Unit Compliance Inspection

For the UCI, we will be inspected by the Air Force Reserve Command. They will evaluate our compliance with Air Force regulations and directives. I will give you a couple of specific examples. The Family Care Plan is a wing program managed by the 94th Mission Support Squadron. The inspectors will talk to the MSS, but they will also look at how we run the program at the squadron level. It is critical that each person that has such a plan get with their first sergeant and ensure the paperwork is up to date and accurate.

Similarly, the inspectors will look at broader topics, like safety. As they move about the base, they watch and see how safe we are; that includes factors from helmets on bicyclists to driving on the flightline. They also observe professional courtesies.

The inspectors' focus will be on compliance with regulations, self inspection and common core programs. We are well ahead of the game if we find the problems ourselves, enter them into the Self Inspection Tracking System, and start working on a solution.

How do we get ready for a UCI?

1. The squadrons need to pay extra attention to functions and programs like



Photo by Don Peek

The 94th Airlift Wing will have many opportunities to focus on rapid donning, proper wear, and buddy checks of the chemical protection suits.

recall rosters, family care, on-the-job training, travel card, Officer Performance and Enlisted Performance Reports, operational and communication security, mentoring, information assurance and more.

2. As individuals, pay extra attention to programs you manage and programs you are in. For example, for a recent divorce, update your family care plan and the squadron recall roster.

3. Practice professional courtesies: saluting, wearing hats, observing proper dress and appearance standards.

4. Be prepared to be here during the week prior to the second April UTA to explain how programs you are responsible for function.

Although the final results of these inspections will reflect on the 94th Airlift Wing, its individual units, and their functioning, the outcome depends on each and every one of us -- our individual preparation and performance.

In the months ahead I ask you to arrange your affairs to ensure you are here when training is to be accomplished. I ask you to put forth that little bit of extra effort to ensure your area of responsibility is "up to speed." Show the inspectors what we already know, the 94 Airlift Wing is an exceptional unit.



Photo by Don Peek

Master Sgt. Donna Bridges, 94th AW Law Office Manager, performs firing drills during the M16A2 proficiency evaluation of the October mobility exercise.



Minuteman

Volume 51, No. 11
November 2003

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Submission deadline for the December issue is Nov. 8.

Articles should be submitted electronically to the 94th AW/PA office. The email address is 94aw.PAV3@dobbins.af.mil.

For more information, contact public affairs at 678-655-5055. This funded Air Force newspaper is an authorized publication for members of the U.S. military services.

Contents of the Minuteman are not necessarily official views of, or endorsed by, the U.S. Government or the Department of the Air Force. Editorial content is edited, prepared and provided by the 94th Airlift Wing public affairs office. All photos are Air Force photos unless otherwise indicated.

Taking time to honor our veterans, young and old



Photo by Don Peek

By Master Sgt. Vernell Carter
94th Communications Flight,
Orderly Room NCOIC

The men and women who've served our country are very special. They've

worked hard and sacrificed to ensure the safety of our country and supported humanitarian missions around the world.

Veterans Day is important because it is the day the country officially recognizes those who have served proudly and have died for this nation. The veterans who have served may have endured physical disabilities, the hazards of dangerous assignments and haunting memories of the battlefield.

With the hustle and bustle of our everyday lives it is easy to forget this special holiday. You usually don't see gifts being exchanged or family reunions and a sit-down feast on this day. But there are things we can do to remember our veterans.

We should remember that many of the veterans believe that they did the right thing in serving this great nation. You won't hear some of their stories because of the mental and physical issues the veteran soldier endures.

We should teach young people to remember and honor the sacrifices and hardships that come with the serving of

our country in the armed forces. A good start is attending parades and looking up the sample classroom projects and activities listed on the web under the Department of Veterans Affairs.

The best exposure to the contribution of veterans are family conversations and sharing experiences of the moms, dads and other family members who have served and are serving. Sharing our knowledge and experiences within the family personalizes the essence of respect for the veterans within our communities.

Before Sept. 11, 2001, it seemed that many people within our communities didn't care about the armed forces. Since the events of 9/11, there has been a new found respect and outlook for the military.

I recently went to lunch in uniform with fellow reservists during an annual tour day. Quite a few people came up to thank us for all we were doing. It made us all feel good and excited to know the people we are defending are proud of us.

Military members should project that same appreciation towards those who've served in the armed forces before

us. Take time to visit and volunteer to work with veterans at the Veterans Affairs Medical Centers.

I work for the Department of Veterans Affairs and I have the opportunity to thank the veterans who come there each day. The concern I hear the most is they hope the government keeps its promise to provide health care for them and their families after service to the military.

My father served in the Army during the Korean War and my brother served in the Air Force. I'm proud of their service and they are proud that I'm serving in the Reserve. This appreciation should be shown between military members and veterans as well as between civilians and veterans.

Remember to take time to honor those who've served. Check the Department of Veterans Affairs website at <http://www.va.gov> under Today's VA subtopic for current information.

Last but not least, personally thank those in your communities and families for serving. Whether a veteran is elderly or not, a thank you is always appreciated.

An historical look at remembering American veterans

By Senior Airman David Atchison
Public Affairs

Veteran's Day is an American tradition dating back to 1921; the year an unidentifiable soldier who perished in the First World War was buried in Arlington National Cemetery in Virginia. A memorial was held November 11th at 11 a.m., the date and time that marked the end of World

War I. This day eventually became known as "Armistice Day".

Armistice Day officially received its name in 1926 through a Congressional resolution and later became a national holiday in 1938 through a similar act of Congress. Initially, the holiday's purpose was to honor only those who had fallen in World War I, a war Americans had idealistically coined "the War to end all Wars." Several



Photo by Master Sgt. Stan Coleman

The Air Force Honor Guard at Arlington Cemetery in Washington D.C. removes the coffin of Retired General Benjamin O. Davis, a Tuskegee Airman who commanded the 99th Pursuit Squadron and 332nd Fighter Group during WWII. More than 900 black pilots were trained for service in Europe. The Tuskegee Airmen fighter pilots never lost a bomber during their service in Europe.



Photo by Master Sgt. Stan Coleman

A park ranger demonstrates the process of transcribing an imprint of a name from the Vietnam Memorial wall, sometimes referred to as wall rubbing or tracing of a name, to a special sheet of paper provided by the National Park Service. Family members and friends are able to record the imprint of the name of an individual who lost their lives during their military service in Vietnam.

years after Armistice Day was officially proclaimed, war was again declared in Europe. Over 15,000,000 Americans actively participated in World War II with over 400,000 of those men and women dying in service and 250,000 of those service members perishing in combat.

Realizing that peace was equally preserved by veterans of WW II and by that time, the Korean War, Congress requested Armistice Day be changed to honor all veterans who served America during wartime. In 1954 President Dwight Eisenhower signed a bill proclaiming Nov. 11th as Veterans Day.



Photo by Master Sgt. Stan Coleman

Veteran Navy pilot and Apollo astronaut, Alan Bean lectures on his experiences as a moonwalker.

Reservist begins overseas care program

By Staff Sgt. Dennis Traven
94th Services Squadron
Training NCO

Staff Sgt. Garrick Smith, 94th Services Squadron Mobility NCO, and his



Photo by Senior Airman Dennis Traven

Contents of the care packages are items like candy, coffee, raisins, lip balm, books and even baby wipes.

wife Jackie are playing a big role in making sure that front line troops receive a little taste of home.

In March the Smith family began a program called "Mail Call" that provided care packages to young airmen deployed overseas.

"The idea began with an e-mail we received from of our cousin, who is deployed overseas," said Smith. "He told us of the all the young military members who were single and didn't receive mail or packages."

The Smith's began going to their local church and community to collect the names of local military personnel who were deployed overseas. They gathered names and then coordinated care packages utilizing people within the community who wanted to show support to the military members.

"Response to the program has been incredible," said Smith. "This program is going to continue, and we think the pro-

gram will grow and thrive for as long as we have troops overseas."

Many of the items in the care pack-

ages ranged from baby wipes to books to hard candy. If anyone would like to donate items please call 229-483-9964.



Photo by Senior Airman Dennis Traven

The Smith family's "Mail Call" program grew from a simple e-mail request into a mass mailing of goods. The goal is to provide something for all deployed troops.

TRICARE Dental Program details benefits

Compiled from a TRICARE factsheet

The Tricare Dental Program (TDP) was implemented on Feb. 1, 2001. The TDP is a voluntary dental insurance program that is available to eligible Active Duty family members, Selected Reserve and Individual Ready Reserve (IRR) members, and their eligible family members. The Tricare Retiree Dental Program is a separate program.

Dental Coverage:

"The TDP covers a wide range of diagnostic, preventive and restorative services-dental X-rays, examinations, cleaning, fluoride applications, sealants, fillings, root canals, crowns, etc.

"Benefit package includes general anesthesia coverage when provided in connection with a covered benefit. Dentists or other professional providers must be licensed and approved to provide anesthesia in the state where the service is rendered.

"Maximum annual benefit coverage is \$1,200 for all routine dental care. The maximum lifetime orthodontic benefit coverage is \$1,500.

"Enlisted members in pay grades E-1 to E-4 have reduced cost-shares for certain procedures.

Eligibility:

Family members of all active-duty uniformed services members, Selected Reserve (SELRES) and Individual Ready Reserve (IRR) members and/or their families may enroll in the TRICARE Dental Program. Sponsors must have at least 12 months remaining of their service commitments at the time they or their families enroll. The 12-month enrollment commitment is waived for families of Reservists called to active duty for certain contingency operations.

Eligibility is determined based on the service member's military personnel information residing in the

Defense Enrollment Eligibility Reporting System known as DEERS. The uniformed services personnel office reports the information to DEERS.

Active duty personnel are not eligible for the TRICARE Dental Program. They receive dental care from military dental treatment facilities. Reservists who are ordered to active duty for a period of more than 30 consecutive days have the same benefits as active-duty service members. Additional information pertaining to reservists and their families can be found in the Medical and Dental Care Component Members and their Families Fact Sheet.

Former spouses, parents, parents-in-law, disabled veterans, foreign military personnel, and uniformed services retirees and their families are not eligible for the TRICARE Dental Program.

Enrollment:

Enrollment in the TDP is handled by United Concordia Companies, Inc. (UCCI), the TDP contract administrator. Enrollment/Change applications are available by calling UCCI at 1-888-622-2256. Online enrollment is available at www.ucci.com.

The enrollment application must be received by UCCI not later than the 20th day of the month for coverage to begin on the first day of the next month. UCCI is required to complete the enrollment process online real-time to the DEERS database. If UCCI receives the application after the 20th day of the month, coverage may not begin for two months. Incorrect eligibility information being provided to DEERS will cause applications to be denied.

Once enrolled, members must stay in the Tricare Dental Program for at least 12 months (with certain exceptions, such as loss of DEERS eligibility because of divorce, marriage of a child, end of contingency activation, etc.). After 12 months, enrollment continues on a

month-to-month basis. The first month's premium is due upon enrollment. The premium amount is shown on the enrollment form. After the first month, monthly premiums may be paid by payroll allotment, or, in some cases, be billed directly to the member by UCCI.

Costs to the Beneficiary:

Costs during the third year of the TDP (Feb. 1, 2003 to Jan. 31, 2004) are as follows:

Active duty family members and family members of Selected Reserve and Individual Ready Reserve (IRR) (Special Mobilization Category) sponsors on Active Duty orders for greater than 30 days pay for single enrollment \$8.14 and family enrollment, \$20.35.

Selected Reserve or Individual Ready Reserve (IRR) (Special Mobilization Category) sponsor pay single enrollment \$8.14.

Family members of Selected Reserve or IRR (Special Mobilization Category) sponsors not on orders for greater than 30 days and IRR (other than Special Mobilization Category) sponsors and their family members pay for single enrollment \$20.35 and family enrollment \$50.88.

For more information about the TDP, beneficiaries may access the benefit handbook online at www.ucci.com or by calling toll-free 1-800-866-8499, 24 hours a day. Members residing outside the continental U.S. (OCONUS) should call 1-888-418-0466 (toll-free). This number is available in the following countries: Australia, Bahrain, Belgium, Bolivia, Columbia, Egypt, Germany, Greece, Iceland, Italy, Japan, Netherlands, Norway, Panama, Portugal, Saudi Arabia, South Korea, Spain, Switzerland, Turkey and the United Kingdom. At all other locations, members should call 1-717-975-5017. Representatives are available to assist members in English, German and Italian 24 hours a day, Monday through Friday.

Tops in Blue brings free entertainment to Marietta

Are you ready for an evening of entertainment the whole family can enjoy without paying an arm and a leg or half of next week's paycheck?

Tops in Blue, the Air Force's premier entertainment showcase will bring the best in music, dance and comedy to Marietta, Ga. on Nov. 15 at 7 p.m. at the Cobb County Civic Center located on 548 South Marietta Parkway. The admission is free.

"We're proud to present Tops in Blue's 'Soaring with Eagles' show," said Jess Holcomb, Director of Services. "Their show was a big hit the last time they performed at Dobbins. Their show has something for everybody - young, old, military and civilian and it's free."

The 35 active-duty men and women of Tops in Blue will perform a 90-minute show entitled "Soaring with Eagles." The show is a musical celebration of 50 years of entertainment by the Tops in Blue troupe. Songs such as "In the Mood," Ike and Tina Turner's "Proud Mary" and the Village People's "YMCA" will be featured along with music from artists such as

Gloria Estafan, MC Hammer, BOYZ II MEN, Ricky Martin and Marky Mark.

The show's theme, "Soaring with Eagles," also celebrates 100 years of powered flight along with 50 years of Air Force entertainment.

"This year is indeed a milestone in the history of the program and the history of the Air Force," said Tom Edwards, the show's producer and director of Air Force Entertainment. "We plan to celebrate with our fans by performing some of our all-time favorite songs. It's the music which reflects the true essence of Tops in Blue, and it what we do best."

This year's team of musicians, singers and dancers will travel to 22 countries and perform more than 150 shows. The Tops in Blue "brag list" includes six World Fairs and Bob Hope Specials, a Super Bowl halftime show, the production of five movies and two albums, and 7,000 shows since 1953.

Known as the Air Forces' Expeditionary Entertainers; the group's main mission is to perform for military

personnel and their families throughout the world. The performers are chosen from airmen who've competed from base-level talent shows and have been selected to compete at the Air Force Worldwide Talent Contest. From these contestants, an average of 30 members is selected for Tops in Blue.

"We're proud to announce the continued sponsorship of AT&T and First Command during the 2003 world tour," said Edwards. "It's their generous support of the program that gives our Air Force family the opportunity to enjoy a free, premier entertainment showcase such as Tops in Blue."

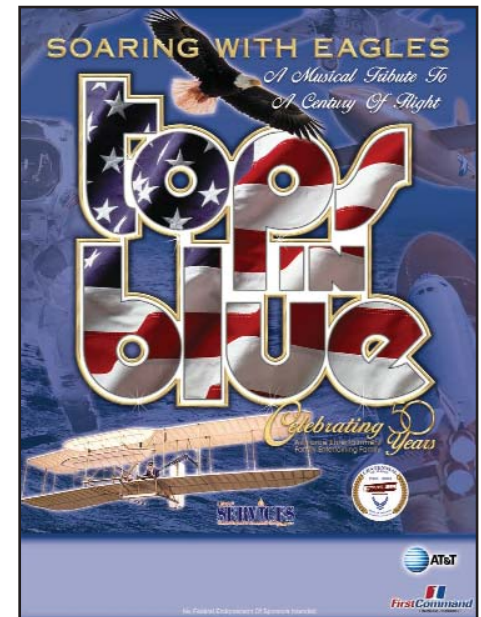
For more information on the show, contact Fred Engel at 678-655-4870 or Julie McKinney at 678-655-5716.

For information on the Tops in Blue program or how to join, visit their official web site, <http://www.topsinblue.com>, or at <http://www.afsv.af.mil/TIB/>.

No federal endorsement of sponsors intended.

Directions for Cobb County Civic

Center - Exit #263 at I-75. Take Highway 120 west 2 miles.



Poster by Tops in Blue

Tops in Blue is celebrating 50 years of service with a musical tribute called "Soaring with Eagles." The group will perform in Marietta on Nov. 15.

The end of the year is fast approaching...don't let your decal expire

Decal Renewal



CERTIFICATE OF INDIVIDUAL ELIGIBLE TO REGISTER VEHICLE

I hereby certify that:

- I understand that persons who are allowed to drive on an Air Force installation are deemed to have consented to a chemical test (blood-alcohol test, breathalyzer, urinalysis) to ascertain the alcohol or other drug content of their blood when they are cited or apprehended on base for a traffic violation and intoxication or use of drugs is suspected. I understand that a refusal by anyone operating my vehicle to take a chemical test when requested to do so by the police will normally result in a one year revocation of base driving privilege.
- As a condition for registering and operating the motor vehicle(s) on an AF installation -
 - I now comply and will continue to comply with applicable state and AF requirements for motor vehicle registration and inspection; and
 - I now possess and will continue to possess a valid operator's license and so will every other authorized operator of the vehicle or vehicles registered.
 - I now comply and will continue to comply with the financial responsibility, compulsory insurance, or no-fault insurance requirements of the state.
- I will remove (and surrender and destroy as required) all AF registration identification from my vehicle or vehicles upon normal expiration of the identification, if my registration privileges are terminated for cause, if I become disqualified for USAF private motor vehicle registration, or when I dispose of my vehicle.
- I am aware the AFI 31-204 and the installation traffic instructions provide for the removal and temporary impoundment of private motor vehicles that are parked illegally for unreasonable periods, disabled by accident, left unattended in a restricted or controlled area or appears abandoned, and I agree to reimburse the United States for the cost of towing and storage should my motor vehicle (s), because of such circumstances, be removed and/or impounded.
- I understand that willfully making false statements in this certificate I may be prosecuted under Title 18, United States Code, Section 1001 or may subject me, if a military member, to disciplinary action under the Uniform Code of Military Justice and will result in withdrawal of the registration of all vehicles referred to me.

DATE:

SIGNATURE (In ink ONLY):

NAME (LAST, FIRST, MI)		SSN:		RANK/GRADE					
ORGANIZATION/WORK PHONE		OR		HOME ADDRESS/PHONE (if retired)					
DoD DECAL	EXPIRES	YEAR	MAKE	MODEL	STYLE	COLOR	PLATE#	STATE	

- To update your vehicle registration completely fill in the information above. All information is **required**. Once the information is completed. Take this to any of the designated vehicle renewal locations to obtain a new "Year" decal. **This form is for renewal ONLY**. Ensure you have signed the back of this form stating you will comply with the conditions to operate a vehicle on a military installation.
- ENSURE YOU HAVE ANNOTATED YOUR DoD DECAL # THAT IS CURRENTLY ON YOUR VEHICLE!!** The DD Form 2220 has 3 letters and 3 numbers (See picture above.)
- Remember: IF THE WINDSHIELD OF THE VEHICLE IS COLD OR DIRTY THE WINDSHIELD MUST BE CLEANED AND WARMED BEFORE APPLICATION OF STICKER - ALSO REMOVE OLD YEAR STICKER FOR BEST RESULTS.**

Enlisted Call brings groups together for first time

By Master Sgt. Stanley Coleman
Public Affairs

More than 300 enlisted members from Dobbins Air Reserve Base attended an Enlisted Call where elements of the Dobbins Chiefs Group, First Sergeants Association, Top Three Association and 56 Club came together for the first time as a unified enlisted group.

Each of the four groups represents different layers of leadership across the enlisted structure and each group's presi-

dent participated in the Enlisted Call. Opening the event and welcoming the enlisted force was Brig. Gen. William Kane, 94th Airlift Wing commander, who stressed the importance of the NCO and the airmen to the Air Force mission. After his remarks, he turned the meeting over to the enlisted groups.

"This event marked a great spirit of cooperation for our base, and really drove home the fact that we've come a long way as an enlisted force at Dobbins," said Chief Master Sgt. Jim McKenna, 22nd Air Force

Aircrew Life Support superintendent, who also was instrumental in forming the Top Three several years ago.

"We've established lines of communication that encourage the sharing of ideas which makes it easier to address key points and concerns that are common to the airmen across all ranks. Events like this Enlisted Call provide a voice of support to the junior airmen as well as our NCOs." McKenna pointed out that now enlisted group leaders can work with each other one-on-one to promote the goals of the enlisted corps and carry the enlisted message to our commanders.

During the Enlisted Call, a part of the enlisted heritage was recognized with the naming of Dobbins Inn suites after enlisted men and women of the Air Force who have set standards. A representative from each enlisted organization presented each name and gave the military service accomplishments of the honorees, who included one of Dobbins own, retired Chief Master Sgt. Faye Whitehead, a former senior enlisted advisor for the 94th AW. Whitehead thanked the crowd for the honor and expressed her happiness at being a part of such a big family.

Chief Master Sgts. Charles Lowe and James Woods, 22nd Air Force command chief and 94th AW command chief respectively, emphasized key points of professional development, the importance of support from commanders and from each other.

"As young airman, you don't wait until you are senior master sergeant to think about becoming a chief," said Woods. "You envision your goal from where you are now. Then, you begin to take steps to make that goal a reality. Your correspondence development courses, your professional military education, and your emulation of the qualities of those senior leaders you admire are parts of those steps."

"It's really important to bring the enlisted body together to educate our troops on what opportunities are available,



Photo by Don Peek

Retired Chief Master Sgt. Faye Whitehead (right), the first female senior enlisted advisor for the 94th Airlift Wing, thanked the crowd for the honor and expressed her happiness at being a part of such a big family.



Photo by Don Peek

Above: During the Enlisted Call Chief Master Sgt. Betty Petrie (right), 628th Civil Engineer Flight chief, presented Senior Airman Deborah Redford, 94th Civil Engineer Squadron information specialist, a Sharp Troop Award. Below: Chief Master Sgt. Greg Gamble (right), 22nd Air Force Transportation chief, presented Tech. Sgt. Bob Kane, Transportation Proficiency Center, the award. Both Kane and Redford were recognized for setting the standards in what they do.



Photo by Don Peek

Technical Sgt. Blane Lopez, 94th Operations Support Squadron air delivery specialist, cooked and served pork during the Fall Fling.

Civilian employees get pumped for fitness

By Staff Sgt. Micky Cordiviola
Public Affairs

Finding time to workout is no longer going to be an issue for traditional civil service employees and air reserve technicians.

As of Oct. 5, all full time civilian personnel have been authorized time for physical fitness activities while in an official duty status.

"This program provides the opportunity to participate in a healthier lifestyle through physical fitness and is a great benefit because civilians will no longer have to use their annual leave to workout during the day," said W.D. Godfrey, human resources officer. "Exercise is also a great way to relieve stress. Relieving stress should have a positive benefit to the employee and the workplace."

Participation is strictly voluntary and is limited to running, walking, jogging, bicycle riding, weight training, swimming



Photo by Don Peek

Angenette Wright of the 94th Airlift Wing Operations Group uses her downtime to pump iron at the Dobbins Fitness Center..

and structured exercises. A maximum of three hours per week may be used in block times of one and half hours or less per day. The employee's first level supervisor must approve this program. Be sure to read the policy letter that pertains to this program

and follow the directions contained in the letter.

Employees who choose to participate can use the Dobbins gym, which provides weights and various cardiovascular machines.

"We have a great gym with plenty of weights, treadmills, cardio machines, a sauna and just about anything else you can think of, which is free of charge to civilian employees," said Julie McKinney, Services marketing director. "We encourage everyone to come out and see for themselves the different types of equipment we offer."

Another option is the use of the navy gym which costs civilians \$1.25 per visit and is open Monday - Friday, 6 a.m. to 9 p.m. and

Saturday - Sunday 10 a.m. to 6 p.m. For those who do not want to visit one of the gyms this program includes all approved walking and jogging trails on Dobbins or NAS Atlanta property.

Before going to the gym, everybody that would like to participate in this program must get a statement from their primary care provider or physician certifying that physical fitness activities are permitted and identifying any limiting conditions. Participants should also maintain a log or record of their activities, goals, and progress.

Another very important piece of information is which activities do not fall under this program. These activities include golfing, bowling, racquetball, tennis, and softball.

Now that everybody knows the facts about the physical fitness program, they can begin to utilize this opportunity to develop a healthier lifestyle and lose a few pounds before the holiday season.



Photo by Don Peek

After a hard day at work, Wright burns off steam and calories at the Air force gym. The gym has several options for fitness like tread mills, cardio machines, weights, and the sauna.



Photo by Don Peek

Are there any takers? After a good work out, Wright feels she can take on the world, any stresses and obstacles the workweek may bring.

Air Force Reserve working on Force Development



Air Force photo by Tech. Sgt. Jim Varhegyi
Gen. John Jumper, Air Force Chief of Staff.

WASHINGTON - At the 2002 Corona Top conference in Colorado Springs, Colo., the Air Force adopted a new vision for how best to develop its airmen and continue its evolution as an air and space force.

The Air Force designed this new Force Development construct to be implemented across the Total Force to ensure it places the right technical

and leadership skills in the right places with the right people.

In his Sight Picture messages, Air Force Chief of Staff Gen. John P. Jumper released Force Development initiatives about the active force and civilians in the spring and fall of 2003. The Air Force Reserve is working on a construct that will give its citizen airmen the tools they need to succeed in the military and balance it with their civilian careers.

"Like the active force, we want to provide our reservists with the appropriate developmental opportunities through education, assignments and training experiences," said Lt. Gen. James E. Sherrard III, commander of Air Force Reserve Command. "We want to make sure that our people are comfortable doing what they're doing, that

the needs of the Air Force are balanced and that they are not sent to do something they are not prepared for. The Force Development concept is a sound one and will help us develop our force to meet future challenges."

Air Force Reserve Command has chartered a Force Development working group, consisting of representation from across the command, to focus this effort and study how best to implement Force Development. The group will meet regularly and report back to senior leaders in the command on its recommendations. Command officials plan to provide more information on the AFRC Force Development initiative in early 2004.

To see previous Chief's Sight Pictures about Force Development go to: <https://www.dp.hq.af.mil/afslmo/fd/>. (AFRC News Service)

New inn suites highlight enlisted achievements

By Chief Master Sgt. David Curtis
Public Affairs

The Dobbins Inn brought life to five of its suites last month as they were dedicated to and named after enlisted airmen who have made a difference to the Air Force. The suites were named after service members who gained the rank of chief master sergeant in their careers and who set standards far above their peers throughout their careers.

After a ribbon-cutting ceremony at the Inn, guests got a glimpse of how each suite is decorated with a shadow box with a biography, a chief bust, and memorabilia depicting the achievements of the five honorees.

The dedication was unique as described by Mark Ward, Lodging general manager. "I've been involved in several dedications of this type," said Ward. "What makes this one unique is that the Chiefs Group footed the bill for the room memorabilia and they made sure that one of their own was a part of the recognition." Ward added that he came in at the end of the planning and thanked Judy Argo, Lodging assistant manager, for her efforts in making the suite project a success.

The airmen for which the suites were named were selected based on their accomplishments. The selection process crossed generations of airmen, included diverse backgrounds, and looked for those who best represent a cross-section of Air Force enlisted values. The five suites were

dedicated to these airmen:

Chief Master Sgt. of the Air Force Paul Airey, the first appointed as the Chief Master Sergeant of the Air Force. He was selected from among 21 major air command nominees and was appointed April 3, 1967.

"Chief Master Sgt. of the Air Force Thomas Barnes, the fourth Chief Master Sergeant and first African American appointed to the Air Force's highest non-commissioned officer position on Oct. 1, 1973.

Chief Master Sgt. Duane Hackney, who earned four distinguished flying crosses and 18 Air Medals for single acts of heroism, becoming the most decorated airmen in the Air Force. As a pararescue airman, he earned more than 70 individual awards, including the Air Force Cross.

Chief Master Sgt. Grace Peterson, who broke many of the norms and social preconceptions from the time she entered the Women's Army Auxiliary Corps in 1942 until she became the highest-ranking female noncommissioned officer to retire from the Women in the Air Force in 1963.

Chief Master Sgt. Faye Whitehead, the first Senior Enlisted Advisor for the 94th Tactical Airlift Wing at Dobbins Reserve Base, Ga., as well as the first female Senior Enlisted Advisor within the Air Force Reserve. Whitehead served as the wing's advisor from August 1991 through her retirement in November 1996. She was also in attendance at the ceremony.

"This is the highest honor I've ever received," said Whitehead. "I never imagined that I would ever receive this type of recognition." While she is battling cancer, Whitehead's big smile and her enthusiasm never waned as she spoke at an enlisted call later in the afternoon, describing the airmen as "my family."

Air Force Reserve Command Chief Master Sgt. Cheryl Adams spoke at the dedication saying, "The five chiefs chosen epitomize the essence of our enlisted force. I knew Whitehead when I was a young inexperienced senior enlisted advisor. When I met her, I saw a fine example of what we can be as senior enlisted leaders."

"This was a great day for our enlisted forces at Dobbins as we ensured that those before us won't be forgotten in their contributions to the Air Force," said Chief Master Sgt. Les Davy, 22nd Air Force Life Support superintendent and president of



Photo by Don Peek

Brig. Gen. William Kane, 94th Airlift Wing commander, is joined by Jesse Holcomb Services director, retired Chief Master Sgt. Faye Whitehead, and Chief Master Sgt. Les Davy, 22nd Air Force and president of the Dobbins Chiefs Group, as they open up five newly decorated chiefs suites at the Dobbins Inn.

the Dobbins Chiefs Group. "I also appreciate the work of Chief Master Sgt. John Cowman for spearheading this initiative. Through his vision and commitment, all of us at Dobbins now have something we can look at and say this is what the enlisted corps is all about. The rooms are here for us now and will be here for others in the future."

Air Force financial officer visits Dobbins



Photo by Don Peek

During a 3-day visit in October, the Honorable Michael Montelongo, Chief Financial Officer of the Air Force, spoke to a Harvard business group in Buckhead, to members of Dobbins travel and finance sections. Montelongo also spoke as part of a breakfast series hosted by the Atlanta Regional Military Affairs Council.

Air Force Climate Survey is critical

By Richard Salomon

Air Force Manpower and Innovation Agency,
Public Affairs

RANDOLPH AIR FORCE BASE, Texas (AFPN) - Air Force leaders at all levels want to know, "How is my organization doing?" The 2003 Air Force Climate Survey begins Oct. 1 to answer this question with the help of Air Force people.

Their participation in the survey is critical, said senior leaders.

"Leadership must be made aware of what's really going on out there," said Secretary of the Air Force Dr. James G. Roche. "By taking a few brief moments to fill out this survey, you can help your leaders understand your concerns and ultimately better serve you and our nation's interests."

Previous surveys included active-duty airmen and appropriated-fund civilians. This year, the survey also will include the Air Force Reserve, Air National Guard, non-appropriated fund civilians and students in a temporary-duty status.

"We want to make sure all members of the Air Force team have an opportunity to participate," said Lori Marcum, the survey's team leader. "Leaders at all levels use the Air Force Climate Survey to target areas for improvement. In order to create positive changes within an organization, (leaders) must know where to begin. This survey provides everyone an opportunity to speak out about strengths and areas for improvement in their organization."

The survey runs through Nov. 23 and can be completed online at <http://afclimatesurvey.af.mil> anytime during the survey period from either a government computer (dot-mil) or personal computer (dot-com).

Because Air Force leaders expect candid feedback, the survey team has taken extraordinary measures to ensure privacy by using advanced information-masking software. Anonymity continues to be a key factor of the

survey, officials said.

Results will be released early in 2004, said Gen. John P. Jumper, Air Force chief of staff.

"The U.S. Air Force is the finest in the world, a great place to serve and raise our families. We share a commitment to make it better," he said.

Survey participation has climbed from 39 percent in 1997 and 36 percent in 1999 to more than 65 percent of active-duty airmen and civilians in the 2002 survey.

The 45th Space Wing at Patrick Air Force Base, Fla., used the data from the 2002 survey as a powerful tool for change. Patrick's leaders created a performance plan called START for "Synchronize actions," "Trust people," "All accountable," "Recognize achievement" and "Tenacious execution."

The plan emphasized mentoring and individual development. It provided mission focus with clear and measurable goals, according to base officials.

Even though the base scored high in most factors, base leaders wanted to make life at Patrick even better, said Judy Nicholson, START director.

"We knew from the Air Force survey that we could improve in some areas. The work the commanders did reviewing the survey feedback resulted in START," she said.

The base introduced monthly civilian commanders' calls and created a civilian-oversight recognition team. Leaders rewrote the rules on the quarterly awards process to focus more on performance than additional duties.

To encourage attendance at commander's calls, leaders use tickets for rocket launches at nearby Cape Canaveral Air Force Station as door prizes.

Brig. Gen. J. Gregory Pavlovich, 45th Space Wing commander, said he continually reviews the survey results to make sure the wing is on the right track.

"START is a direct result of the Air Force survey, so we place a great deal of value on the survey data," he said. "Because of the survey, we've been able to make improvements at all levels, from top to bottom."

56 Club takes new challenges

Staff Sgt. Micky Cordiviola

Public Affairs

The 56 Club, which is an organization that mentors to the junior enlisted ranks and contributes to the development of stronger NCOs, is moving full steam ahead. From small projects to large ones, this dedicated group of team players is working to contribute to the Dobbins community.

With Christmas fast approaching, the 56 Club is sponsoring a Christmas tree in the Consolidated Club known as the "sock tree." This tree was placed there so that individuals could donate socks and knitted hats for veteran hospitals.

Also plans are in the making to display commemorative items at the consolidated club in remembrance of those servicemen in POW/MIA status. A plaque will be dedicated to explain each item of the display.

In addition to these projects, during the November UTA, the 56 Club will sponsor the NCO induction ceremony.

"By sponsoring the NCO induction ceremony, it allows us to welcome new NCOs to the ranks and enables us show our support for them," said Technical Sgt. Robert Kane, Transportation Proficiency Center instructor and the 56 Club president.

This month's meeting will include guest speakers like Chief Master Sgt. Jim McKenna, 22nd Air Force Aircrew Life Support superintendent, and the 94th honor guard NCOIC, Master Sgt. Denise White. For more information, please contact Tech Sgt. Kane at 678-655-5797.

AF announces first Raptor squadron

LANGLEY AIR FORCE BASE, Va. (AFPN) -- The 27th Fighter Squadron will be the first of three squadrons here to transition to the F/A-22 Raptor. The Air Force's newest fighter begins arriving in late 2004, said Col. Frank Gorenc, 1st Fighter Wing commander.

"A major factor in this decision is heritage," Gorenc said. "The (27th FS) is the Air Force's oldest fighter squadron. (Besides its) impressive combat record, (it was) the first unit to fly the P-38 Lightning for the Army Air Force in 1941, as well as the first operational unit to fly the F-15 Eagle. This makes the 27th the first operational squadron to fly the Raptor -- continuing (its) historical legacy."

Langley's 71st FS and 94th FS will also transition to the F/A-22 at later dates. The squadrons are expected to be equipped with 24 aircraft each. The transition is

scheduled to be complete by the end of 2007.

"Our construction projects and ongoing efforts to receive our first Raptor at the end of 2004 are right on track," Gorenc said. "It's extremely encouraging and exciting to us that Tyndall Air Force Base, Fla., the Air Force's schoolhouse for future F/A-22 pilots, received its first Raptor the end of September."

Tyndall, once known as the "The Home of Air Superiority" became "The Home of Air Dominance" with the arrival of its first F/A-22 and the leaps in technology the aircraft represents. Following their training at Tyndall, the pilots of the 1st FW will be the first to put the Raptor's capabilities into action.

"The F/A-22 will open a new chapter of air dominance for the Air Force and the 1st Fighter Wing. Quite simply, the

Raptor gives us an unprecedented ability to reach out and touch our enemy -- quick-

ly and precisely," Gorenc said. (Courtesy of Air Combat Command New Service)



U.S. Air Force photo

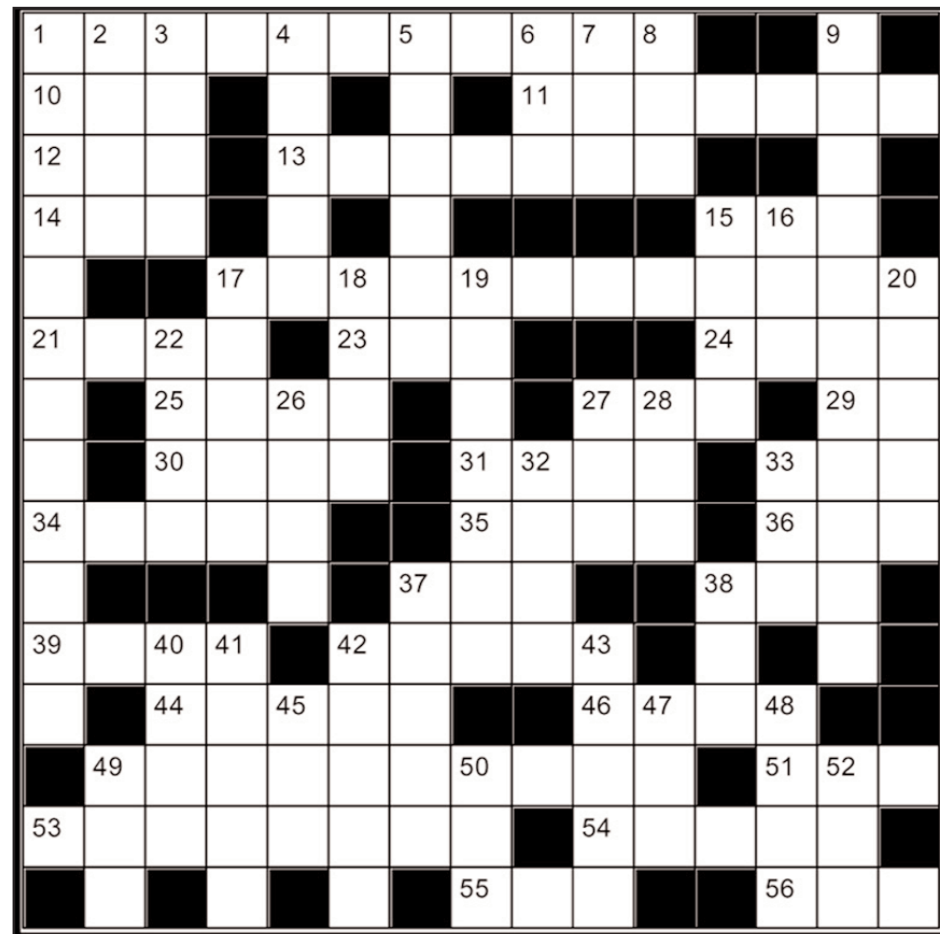
The F/A-22 is an air-superiority fighter with improved capability over current Air Force aircraft. From the inception of the battle, the F/A-22's primary objective will be to establish air superiority through the conduct of counter air operations.

Air Force News offers new crossword puzzles

Happy Halloween Dobbins ARB

By 1st Lt. Tony Wickman

Alaskan Command Public Affairs



ACROSS

1. Start of title of 1917 Washington Irving Halloween story
10. Tombstone letters
11. Male witch on Halloween
12. Supreme Allied commander in WWII, informally
13. Former Simpson trial lawyer
14. Average grade
15. Wane
17. End of 1 ACROSS
21. Pig noise
23. Type of AF unit not associated with a MAJCOM
24. California town
25. Eerie emanation on Halloween
27. School org.
29. Tail marking for a/c assigned to 103rd FW
30. Thin
31. Appeal
33. Part of a circle
34. Kingdom
35. Football great Andy...
36. Military pay entitle-

ment (abbrev.)

37. Needle
38. Gallop
39. Computer maker
42. Items received from 1 DOWN
44. Item received during 1 DOWN
46. Major or Minor
49. Item for 20 DOWN
51. Item used to collect 1 DOWN items
53. Items for 1 DOWN
54. Gathering for 20 DOWN
55. Oklahoma city
56. Explosive

DOWN

1. Halloween night activity
2. Walk
3. Fencing tool
4. Ford faux pas
5. Schwarzenegger movie
6. Driving crime
7. Paddle
8. To's partner
9. Title character of 1 ACROSS
15. Singer Fitzgerald
16. Type of sucker received during 1 DOWN;

___-pop

17. Item found in a Halloween haunted house
18. Type of cheese
19. A Jack-o-Lantern is carved from it.
20. Halloween hag
22. Federal space agency
26. Edges
27. Zip
28. Light touch
32. Bring an aircraft to rest?
33. Middle East country ___ Dhabi
37. Faded fad
38. Military recon info system (abbrev.)
40. Mistakes
41. 1977 TV miniseries on Haley novel
42. Military communication officer (acronym)
43. Joshua tree genus
45. Hulk's Ferrigno
47. 1929 picture studio
48. Help
49. Ghost's cry
50. Fed. agency concerned with transportation
52. Actress Penelope ___ Miller

Airmen donate school to Afghan children and give them hope

By Tech. Sgt. Orville F. Desjarlais Jr.

Air Force Print News

BAGRAM, Afghanistan -- In a valley, children sat in groups of 20 outdoors to learn. They are minuscule compared to the majestic mountains that surround them. One teacher, wearing a mix of traditional Afghani clothes and a Salvation Army dress coat, used his bicycle to prop up a chalkboard to teach writing. Another leaned his board against a mud wall so he could instruct students on how to add fractions. The children's dusty little shoes, for those fortunate to have them, lined one side of a tarp so as not to get it dirty.

Nature provides the school -- the sky is the ceiling, tarp on packed dirt is the floor, a nearby stream provides drinking water and its fair share of dysentery. A little farther away, a ditch is the restroom. Two mud walls are the school's loosely defined boundaries.

Nature also cancels school. Sharp winds kick up so much dust, they all must go home. The area becomes a mud pit when the least amount of rain falls, and winter cancels school until spring, during which time the children do nothing.

On Oct. 19, the Air Force delivered a school to Sortekle Village near the base here. To the Air Force, it was not much, just an old eight-section tent. But to the school's principal, that tent was his future school. He has plans to divide that tent into two so boys and girls can be educated separately.

Since this village's liberation from the Taliban in

2001, teaching girls is still quite new. Of eight classes taught in the open field, one was for girls, who appeared to be between 6 and 8 years old. Every so often, one would jump up from her studies and bound across a nearby field for a break. Since some of the girls' clothes are the color of raspberries or blueberries on steroids, they stand out in the dusty, burnt sienna backdrop.

Lt. Col. Rick Johnson, the 455th Expeditionary Operations Group deputy commander, is deployed here from Spangdahlem Air Base, Germany. He said visiting the village was a humbling experience.

"Until this, I didn't realize how good Americans have it," he said. "No matter where you are in the world, a young kid's smile is a young kid's smile. I felt proud about what we did. It's good to see why we're here. Sure, we're here to capture terrorists and to fight, but we're also here to help the people of Afghanistan."

Although Afghanistan is seven-and-a-half hours ahead of America's East Coast, it is about 100 years behind the times. There is no electricity and no running water. The average family income is \$250 a year. Adults on average can expect to live to the age of 43.

To the children, war is all they know. The Soviet Union invaded in 1979 and was forced out in 10 years by anti-Communist forces supplied and trained by the United States, Saudi Arabia, Pakistan and other nations. However, fighting continued, spawning today's Taliban, which was able to capture most of the country. That is, until America and 90 other nations stepped in Oct. 7, 2001, following the Sept. 11 terrorist attacks.

Twenty-four years of war have taken its toll on this nation that is about the size of Texas. Nearly every man is armed. When base volunteers traveled to the village, they had to be escorted by Air Force Office of Special Investigations agents and armed security forces. Village people gave thumbs-up signs to the passing convoy. But, some could not because of land mines.

"I go to shake hands, and sometimes there's nothing but a stub," said an OSI agent deployed from Lackland Air Force Base, Texas. For security reasons, his name is not being released. He said it is normal to see men walking around with weapons.

It is not uncommon to see security-forces airmen armed with M-16s talking with armed Afghan men who work in a guard shack near the school -- all this taking place while surrounded by children. But it must be done because Afghanistan is a very treacherous place.

The volunteer airmen would have helped erect the tent had it not been so dangerous. But, not all terrorists have been caught.

December will mark the two-year anniversary of the fall of the Taliban in Afghanistan. What remains will be widespread poverty, very little infrastructure, land mines that maim -- and hope. It may be a second-hand tent today in the little village of Sortekle, but it may turn into a hardened structure in a couple of years, and maybe even a real school in a decade. After all, that too is what Operation Enduring Freedom is all about -- helping the Afghan people help themselves. (story adapted from Air Force Print News)

Military Family Month

November is Military Family Month, a time of observance dedicated to honoring the dedication and sacrifices military families make so service members can protect and serve the country. In recognition of the month long celebration President George W. Bush sent this message to all military families, "Our nation is strong because of our brave men and women in uniform. I thank our military families for their continued support of our service members. You encouragement helps prepare them for the important tasks they undertake in the defense of our freedom."

Football frenzy

The Consolidated Club wants to make the football season for reservists a winning touchdown. The club hosts Friday social hours, an event where club members enter Air Force wide prize drawings with prizes ranging from Super Bowl tickets to regular season game tickets. For more information, call 678-655-4594.

Join the thrills at Casino Night

Calling all high rollers on Saturday, Nov. 1 for a fun-filled night of gaming as the Consolidated Club opens up the craps, roulette, poker and blackjack tables. Along with all the gaming, hors d'ouvres, prizes, raffles and disc jockey Marque Cooper come at the low price of \$20 per person. For more information, call 678-655-4594.

Enhancing your dancing

The Nov. 7 dinner at the Dobbins Consolidated Club is doubly special because the club is not only offering dinner; it's offering a dance class under the direction of certified ballroom dance instructor Jan Madison. Club members will learn the salsa in November. For more information, call 678-655-4594.

3 Point Challenge

Starting Nov. 19 at 11:30 a.m. the Dobbins Fitness Center will host a 3-point shooting challenge on the Center's Basketball Court. Trophies will be awarded to the first and second place winners. For more information call 678-655-4594.

Thanksgiving made easy

Spend less time in the kitchen and more time with your family Thanksgiving Day by attending the Consolidated Club's Thanksgiving buffet. On Thanksgiving Day, the club will offer a holiday buffet featuring roast beef, honey-baked ham, turkey, dressing, smoked salmon, sweet potato soufflé, creamed potatoes and a variety of gourmet salads, vegetables and desserts. Club members pay only \$14.95 and nonmembers pay \$16.95. To reserve your spot, call 678-655-4594.

3 on 3 Half-Court Tournament

The annual holiday 3 on 3 half-court Basketball Tournament starts, Dec. 17 at 11:30 a.m. at the Dobbins Fitness Center. The elimination tournament will run continually throughout the afternoon until a champion team is crowned. Individual trophies will be awarded to all first and second place team members. For more information call 678-655-4594.

New Year's Eve bash

Come to the Consolidated Club and party like it's 1999. The Annual Consolidated Club New Year's Eve

80th APS pins new chief master sergeant



Photo by Don Peek

Chief Master Sgt. James West, 80th Aerial Port Squadron Air Transportation superintendent, receives his new stripes from his wife, Shelia, and Maj. Marshall Irvin, 80th APS commander. During the ceremony West presented his father a cap and Air Force Reserve Command Chief Master Sgt. Cheryl Adams presented West's father a Reserve Command coin.

Bash offers fun, food, games, dancing and more. Provided entrees include prime rib or chicken cordon bleu. Also included in the ticket price are a split of champagne, a midnight breakfast and party favors throughout the evening. Ticket sales begin Dec. 2 at the club. A Dobbins Billeting representative will be on site to take room reservations for after party lodging. Billeting reservations are space available and are subject to change due to military requirements. For more information, call 678-655-4594.

Bingo at the Consolidated Club

The Dobbins Consolidated Club hosts a weekly Bingo program every Thursday. Cards go on sale at 5 p.m. and the Early Bird game begins at 6:45 p.m. The regular games begin at 7 p.m. It's a fun night of bingo with \$1,100 on the line. For more information, call 678-655-4594.

Happy birthday to everyone

The Consolidated Club has a birthday gift for all dues paying members. During your birthday month stop by the club and receive a free certificate redeemable for \$10 off any purchase at the club. For more information, call 678-655-4594.

Command Chief Master Sergeant

Opportunity knocks for Chief Master Sergeants and those immediately eligible for promotion to Chief Master Sergeant. The 622nd Regional Support Group has an open chief master sergeant position. Those with an exceptional knowledge of airmen career fields, the mission and organization of the Air Force; high standards, appearance, and conduct that sets an example; the ability to represent enlisted members and senior leadership may apply. The Command Chief's duties include: maintaining liaison between the commander, enlisted force and key staff members assigned to 622nd RSG and all geographically

separated units; communicating with the commander on problems, concerns, morale, and attitudes of the enlisted force and, in turn, ensuring the commander's policies are known and understood by the enlisted force. Applications should be submitted through immediate commander, endorsed by the wing or 622nd RSG commander and mailed to 622 RSG/DPM, ATTN: Chief Master Sgt. Mary Corrigan, 1364 Chennault Circle, Dobbins ARB GA 30069-4904. Applications must be submitted not later than Dec. 8. For more information call, 678-655-4660.

Kids Art Contest

The Armed Services Young Men's Christian Association is sponsoring an art contest for kindergartners through sixth graders in military families. A \$500 dollar savings bond will be awarded to the winner of the contest. Deadline for submissions is January 26, 2004. For a copy of contest guidelines and a submission mailing address, visit the ASYMCA website at www.asymca.org.

Watch for fuel trucks entering Atlantic Ave

Ask any of the fuel truck operators on base how far it takes to bring a fully loaded fuel truck to a quick stop and they'll tell you, "too far."

Drivers of other vehicles on Atlantic Avenue often test that stopping distance when they fail to heed the signs and flashing yellow lights that indicate a fuel truck is entering the roadway.

Recently the Base Safety Office identified this area as a dangerous traffic situation. As solutions are being studied, be aware of the dangers of driving between the Base Exchange and the water tower. Stay alert for trucks entering the roadway.

New fitness standards may apply to Dobbins reservists

By Tech. Sgt. Houston Gilliland
NCOIC Nutritional Medicine
94th Aeromedical Staging Squadron

In January a new fitness program will begin for Air Force active duty members that will go back to the basics of running, sit-ups, and push ups. Accommodations will be made for those who aren't able to run for legitimate reasons. The cycle ergometry test may still be used for those not medically cleared to run.

We are planning to put responsibility for physical training in the chain of command, not with the medical community or the commander's support staff. The program will integrate fitness and the weight management program into one.

The more functional test will include a 1.5 mile run, sit ups, push ups and a body

composition test. Points will be awarded for each segment of the test and the overall points will determine the outcome of the test. Specific details of the new program should be available in the fall.

While we have weight and body fat standards that we must meet, there will be some, weightlifters in particular, who may be perfectly fit but not meet these standards. This is where Gen. John Jumper, Air Force Chief of Staff, expects commanders to step in and make a decision. Everyone will have to pass the commander's eyeball test on how we wear the uniform.

Every year we lose out about 400 people from our Air Force because of fitness issues. We should ask ourselves how many of those were really trying to meet the standard and how many leaders took an active part in helping them meet standards.



Air Force photo by Senior Airman Spencer Lilac

Airman Rachel Nicole Murphy and other airmen of the 43rd Civil Engineer Squadron, Pope Air Force Base N.C., do push-ups for morning resistance training.

Newly assigned

Maj. Jamie C. Peoples

Master Sgt. Alan L. Eakle

Staff Sgt. Sherrie D. Burgess

Staff Sgt. Rochelle L. Ford

Staff Sgt. David A. Simister

Senior Airman Katrina E. Arnold

Senior Airman Donald T. Bailey II

Senior Airman Regan C. Vena

Senior Airman Chadwick H. Wilson

Airman 1st Class Joshua C. Albertin

Airman 1st Class Pamela M. Benton

Airman 1st Class Craig E. Campbell

Airman 1st Class Justin M. Robinson

Airman 1st Class Joseph A. Stachelek

Airman 1st Class Michael C. Vitale

Airman 1st Class Charles H. Wills

Airman Basic Bert R. Alcon

Airman Basic William J. Carroll

Airman Basic Timothy L. Smith

Promotions

Lieutenant Colonel

Cynthia Bradford

Mark W. Bryant

Gregory A. Kester

Michael J. McCully

Arlene L. Salmon

Martha P. Soper

David G. Tribo

Cheryl Y. Wayne

Paul A. Weimer

Nancy J. Whaley

Major

Steven J. Drosos

Mark A. Jordan

Minuteman contest

Have a story about deployments, involvement with the community, charities or education efforts? Write it down, include quality photos and send it to the *Minuteman*. The stories sent by e-mail to reid.hanna@dobbins.af.mil. will be edited and printed. For more information call Public Affairs at 678-655-5055.

November UTA Schedule

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<u>Activity</u>	<u>Time</u>	<u>Location</u>
Sign in	7-8:30 a.m.	Unit assigned
Wing Walk	7 a.m.	Base Ops
Wing element staff mtg	7:30-8 a.m.	Bldg. 838/Rm 1202
Occupational physicals	8-11 a.m.	Navy Clinic
Newcomers intro	8:30-11:30 a.m.	Bldg. 838/WCR
NBCCD Refresher	9-10 a.m.	Bldg. 838/Rm 1322
Newcomer's orientation	9-11 a.m.	Bldg. 838/Rm 1202
Deployment mgrs mtg	9-3:30 a.m.	Bldg. 838/WCR
Occupational physicals	10-11 a.m.	Navy Clinic
OJT Managers MTG	1 p.m.	Bldg. 838/Rm 2406
CDC Exams	1-3 p.m.	Bldg. 838/Rm 2304
NBCCD Refresher	1-3 p.m.	Bldg. 838/Rm 1322
Depl. Outproc. Brief	2 p.m.	Bldg. 838/Rm 2406
Retreat (94th SFS)	4 p.m.	Bldg. 922/Front

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<u>Activity</u>	<u>Time</u>	<u>Location</u>
Physical exams (aircrew)	8 a.m.	Navy Clinic
Physical exams (others)	8:30 a.m.	Navy Clinic
Immunizations	8-11 a.m.	Navy Clinic
HRDC meeting	9 a.m.	Bldg. 838/WCR
CAIB meeting	9-9:30 a.m.	Bldg. 838/Rm 2313
Yellow Fever shots	9-10 a.m.	Navy Clinic
Chiefs Group mtg	9-10 a.m.	TBD
CDC exams	9 a.m.-noon	Bldg. 838/Rm 2304
IG complaints	10 a.m.	Bldg. 838/Rm 2105
Enl. advisor council mtg.	10-10:30 a.m.	Bldg. 838/WCR
30-day record review	10-11 a.m.	Bldg. 838/Rm 1202
NCO Induction	11-noon	BARB chapel
Cmdr's working lunch	11:30 a.m.	Com (Marietta room)
Flying Safety	1-2 p.m.	Bldg. 727/700 AS
56 Club, Top 3 Mtg	1-2 p.m.	Bldg. 838/Rm 1202
Immunizations	1-3 p.m.	Navy Clinic
Supervisor safety trng.	1:15-2 p.m.	Bldg. 744/2nd Fl.
Trng Review Pnl	2-3 p.m.	Bldg. 727/700 AS
CCAF Graduation	2:30 p.m.	Bldg. 838/WCR